

Epilepsy Awareness Month–November 2017



Support or donate money to help people with epilepsy: Contact: info@ewct.org.nz

www.ewct.org.nz Thank you!

WEEK 4

Monday 20 th November	Tuesday 21 st November	Wednesday 22 nd November	Thursday 23 rd November	Friday 24 th November	Saturday 25 th November	Sunday 26 th November
Some people experience “auras” which are often difficult to describe and can last seconds or longer. An aura is often regarded as a ‘warning’ before a major convulsion.	Focal seizures are either ‘focal aware’ (simple partial) or ‘focal impaired awareness’ (complex partial). What happens during a focal seizure depends on where in the brain the seizure happens.	During a ‘focal aware’ seizure only part of the brain is affected and a person is able to recall what is going on.	During a ‘focal impaired awareness’ seizure, awareness has been altered and a person cannot recall the seizure event. These seizures are commonly found in the frontal and temporal lobes.	A ‘focal impaired awareness’ seizure can cause a range of behaviours that can appear strange or without purpose. People tend to carry out the same actions every time they have these seizures.	Automatisms are repetitive movements that are found in focal impaired awareness seizures, as well as in some absence seizures.	Automatisms in the temporal lobe can include lip smacking, chewing, fumbling, undressing etc. Those in the frontal lobe include turning the head to one side or cycling movements.
Vincent van Gogh (painter)	Joan of Arc (French heroine)	Julius Caesar (military leader)	Sir Isaac Newton (scientist)	Napoleon Bonaparte (military leader)	Thomas Edison (scientist)	George Gershwin (composer)

This is “**spread the word**” week. Help us to break down the stigma around epilepsy.