

Kieran has an EEG



Hi! My name is Kieran and I have epilepsy.

Today I am at the hospital with my mum because I am going to have an EEG.

I am so tired because I went to bed really late. I need to be sleepy for a good EEG recording.



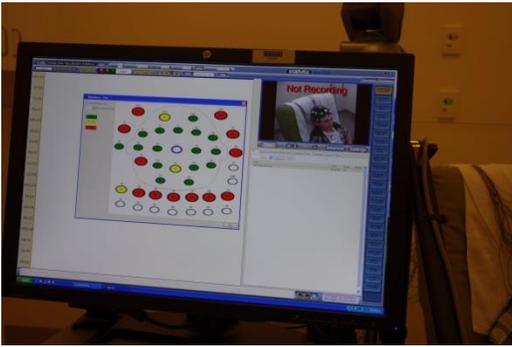
Shh! You will have to be quiet when I am having my EEG. I need to be able to relax and close my eyes and sleep.



I get to sit, and sometimes I lie down, in this really comfy chair.



Electrodes are put on my head with sticky gel.

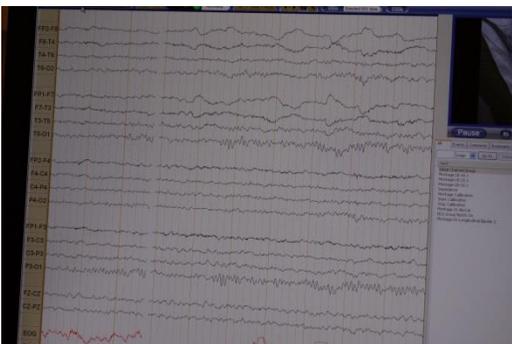


The electrodes are attached to a machine that records my brain waves. I don't feel anything. I am just so sleepy and relaxed.

The lights will dim soon.



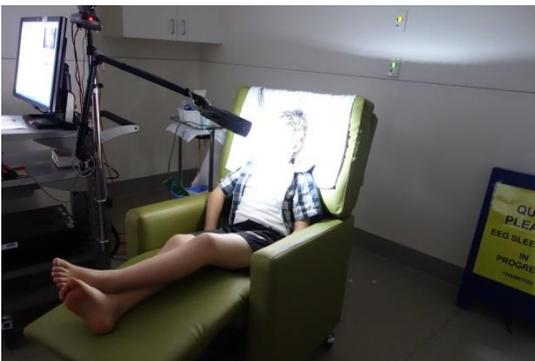
I am asked to breathe in and out quickly.





During my EEG I have an Absence seizure. This is recorded too.

The seizure only lasts a few seconds.



Bright light is flashed into my eyes to see if I would have another seizure. I don't have one this time.



After an hour of relaxing in the chair, the electrodes are removed from my head and I am able to go home for a rest.

My doctor will have a look at my EEG results. In the meantime, I will enjoy all the good things in my life like playing soccer, basketball, and karate, and meeting up with my friends.

Epilepsy is only a small part of who I am.

I hope that you enjoyed reading my story.

Special thanks go to Kieran for sharing his story (February 2014).