

# **Act now:** First Aid For Focal Impaired-awareness Seizures

People having a focal impaired-awareness seizure will become unresponsive and display some unusual behaviours such as staring blankly, appearing confused, drunk, or distracted, appearing to be swallowing, or smacking their lips or picking at things in the air or around them. They may be repeating a word, crying, screaming, undressing, or carrying out strange body movements.

Whilst a person is having this seizure, a risk of injury is possible.



## **Act:**

**Stay calm**

**Make sure that the person is safe.**

**Guide the person away from any danger**

**Do not restrain or shout at the person**



## **Comfort:**

**Reassure the person**

**Stay with the person until fully recovered**

**Offer to help. The person may be confused and tired and need further support from a family member or friend**



## **Time to call 111?**

- **If you are unsure how to help**
- **If the person continues to have a seizure after 5 minutes**
- **If the person has been hurt**